

# An Industry Viewpoint on Clinical Trial Designs for Disease Modification in Alzheimer's Disease: Challenges

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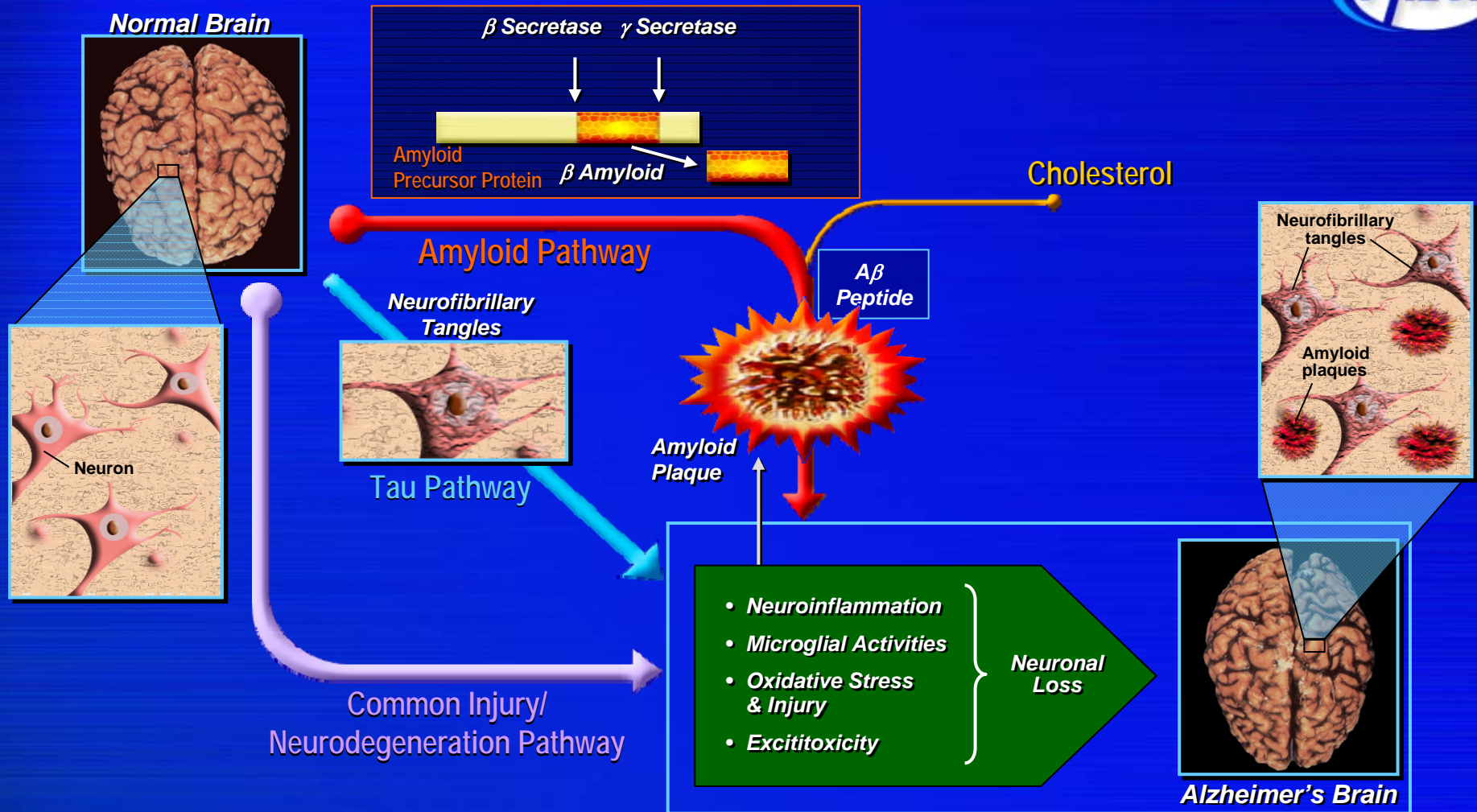
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# Key Challenges

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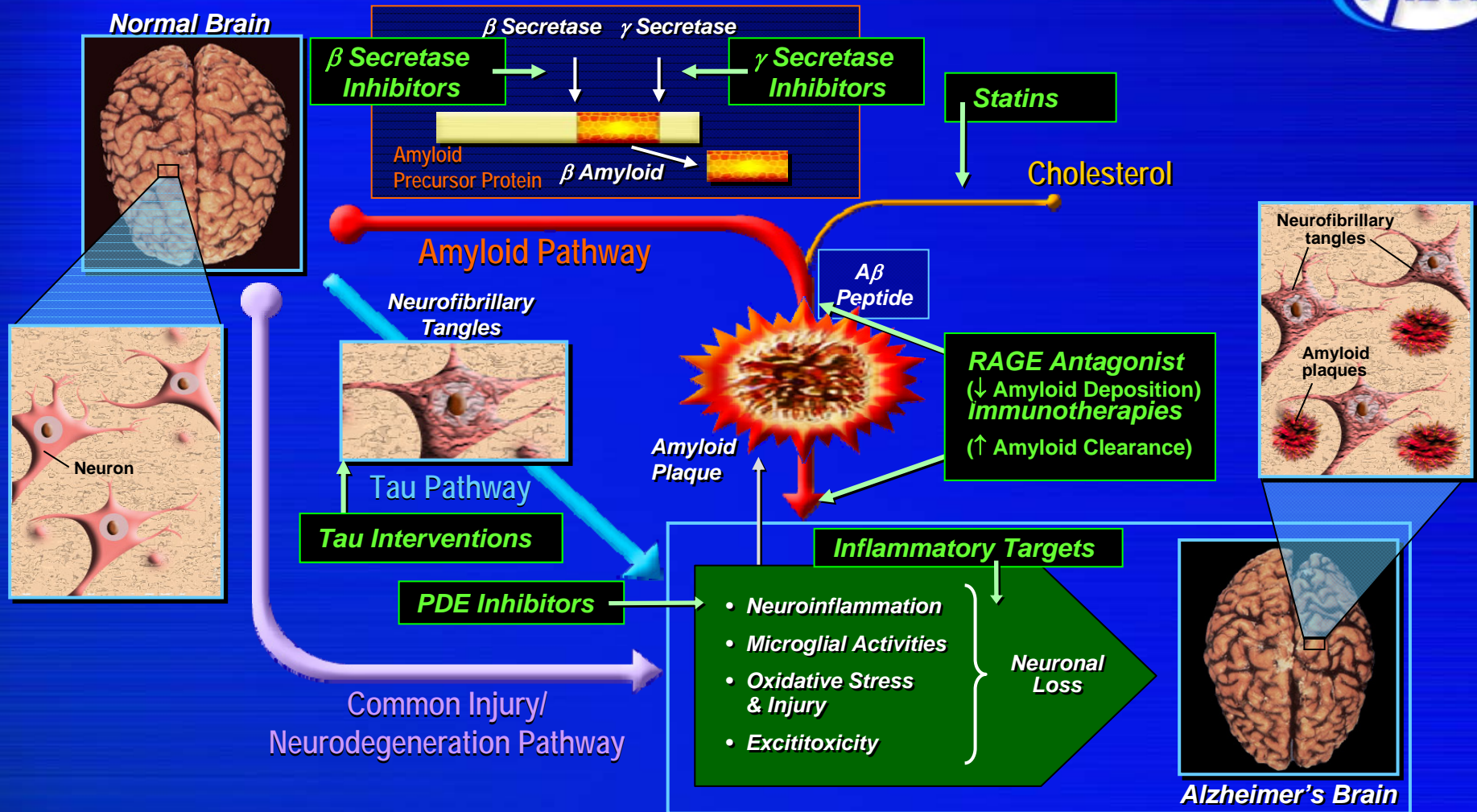
- Disease etiology: not fully elucidated
    - Primary etiological trigger(s) unclear
    - Where to best direct interventions?
  - “Disease Modification” concept: evolving
    - What does “modification” look like?
    - Is a robust, durable effect “good enough”?
  - Regulatory Guidance: evolving
  - Biomarkers: none validated
  - Trial design issues
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# The Brain: From Normal to AD



R.Schindler, Pfizer, 2008  
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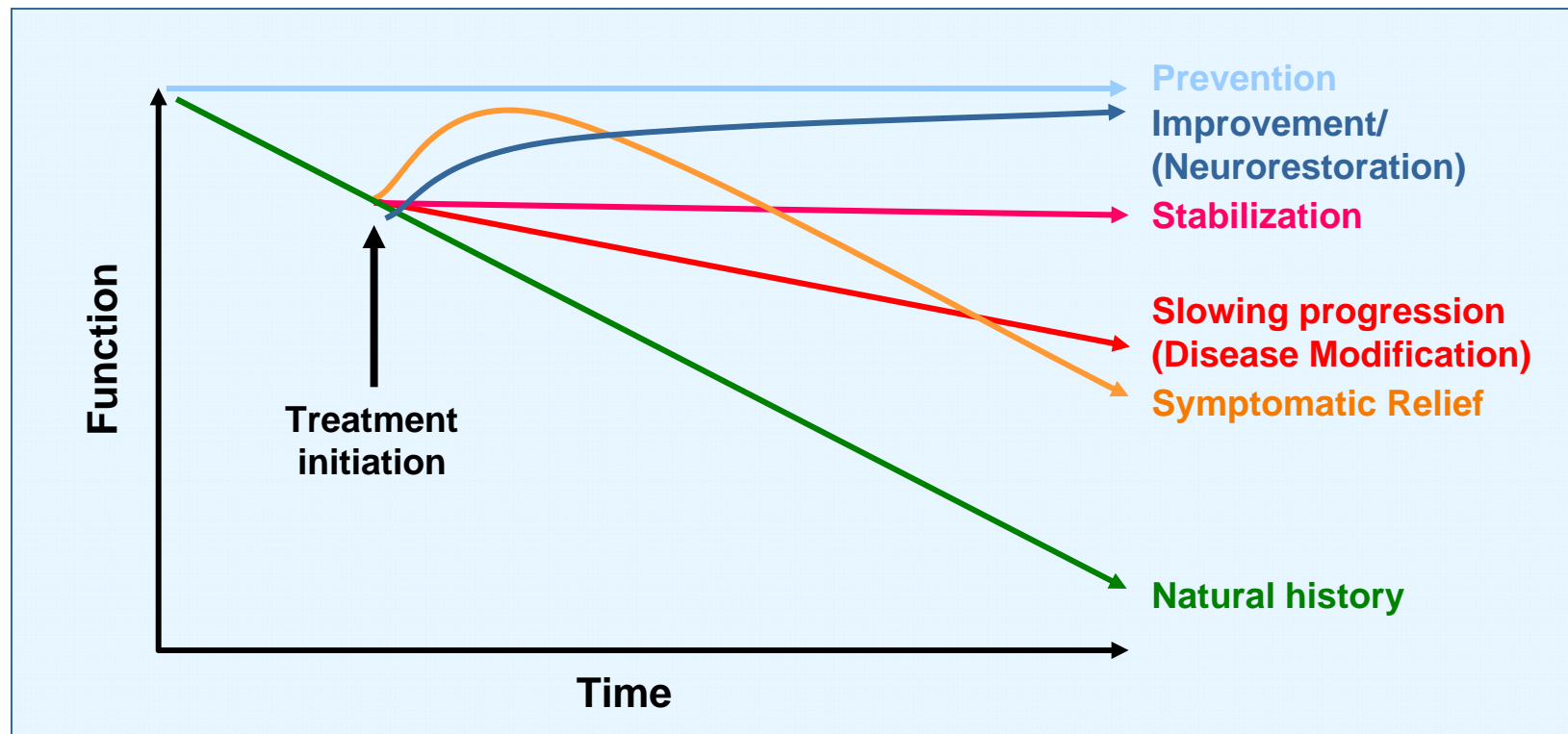
# Alzheimer's Disease: Potential Intervention Points



- Target rich area based on expanding understanding of pathophysiology
    - But unclear where to best intervene
    - Single point or multiple points of intervention needed?
  - Translational models (eg, tg mice) lend support to specific targeted interventions (particularly those targeting Abeta and tau)
    - But no specific “AD” animal model exists
  - Clinical relevance still unknown
    - “Proof of Mechanism” has not yet translated into robust “Proof of Concept” (eg, bapineuzumab results)
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# Disease Modification

- What does disease modification look like?



- Outstanding issues
    - How do we best define “disease modification”?
    - How long will it take to observe a treatment difference?
    - How large an effect can we expect from our interventions?
    - How relevant are “minor” changes that take upwards of 18-24 months to confirm (to paraphrase the FDA)?
    - Are disease modifying therapies likely to benefit those patients already diagnosed with AD?
      - How do we drive academic and regulatory consensus for earlier intervention in populations “at risk”?
      - How do we define these populations?
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- Outstanding issues
    - Biological evidence of disease modification required, but no regulatory endorsed biomarker to-date
    - Imaging measures alone will not suffice
      - Clinical outcomes + vMRI, once validated, may meet regulatory hurdle
    - FDA/EU divergence re: acceptance of comparison of slopes (rate of change) using standard parallel arm study
    - Randomized start/withdrawal may be “more convincing” way of demonstrating DM
    - Probable need for replication, unless results “robust” (possibility of 1 large study + “confirmatory evidence”)
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- Outstanding issues
    - No “Framingham” study in Alzheimer’s exists
      - Initiatives ongoing (eg, ADNI)
    - Validation of biomarkers may end up being confirmed *in* long-term treatment trials, not *prior to* trial initiation
    - Characteristics of subpopulations may influence behavior of specific markers
    - Utility of biomarkers may vary across disease stage, from “pre-AD” through AD stages
    - Still unknown: will changes in biomarker translate into meaningful clinical benefit?
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# Trial Design (1)

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- General Design
    - Parallel arm appropriate?
    - Randomized start or withdrawal necessary?
  - Population
    - Should we include the same population as in standard symptomatic treatment trials?
      - Disease modification may only be apparent in earlier stage patients
      - How do we facilitate trials in “pre-AD” populations?
      - How do we define populations “at risk”?
    - How do we manage background symptomatic therapy?
  - Study Duration
    - What is the appropriate length of study required to demonstrate disease modification?
      - Differences between bapineuzemab and control (ICAD July '08) didn't separate till week 37
    - Expectation is that treatment differences associated with disease attenuation will evolve slowly and increase over time—how long an observational period needed to capture a meaningful separation?
  - Clinical Endpoints
    - Are current endpoints, eg ADAS-cog and global measures, applicable to longer-term trials with disease modifying interventions?
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# Trial Design (2)

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- Imaging/biochemical Endpoints
    - What are the most appropriate measures?
      - vMRI to assess cortical atrophy appears most likely candidate
    - What is the minimum timeframe to capture change with reasonable precision?
    - How do we both define and ensure standards?
  - Safety Endpoints
    - Are there specific safety concerns, based on unique treatment interventions, that will require greater monitoring efforts (eg, micro hemorrhaging, vasogenic edema associated with certain immunotherapies)?
  - Statistical Analysis
    - Given natural disease progression and unknown degree of change associated with novel interventions, what assumptions should be used to power long-term trials?
    - What are the appropriate statistical methods to apply to the long-term study of a progressive, degenerative disease?
    - Should we stratify population based on genotype? Baseline severity?
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- Implications to Industry
    - Large, long, costly studies required
    - Significant risk yet to be resolved
      - Unprecedented MOA's
      - Limitations of current translational models
      - Biomarker yet to be validated
      - Awaiting robust POC results, particularly for therapies based on amyloid hypothesis
    - Regulatory guidance not “written in stone”
    - Value of Disease Modification treatments to payers a huge unknown
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Thank You

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